## **e**answers



Here are some of the Strategies for Early Educators and Strategies for Families for Developing a Sense of Self with Others. We believe these would help the teacher address the given scenario and CHANGE PRACTICE to better meet the needs of children, and to align better with the expectations for what children begin to do in prekindergarten.

## Strategies for Early Educators

- Alert children to the feelings and emotional needs of others (e.g., display and talk about pictures depicting various emotions; point out how children feel in various real-life situations).
- Help children see the effect of their behavior on others by encouraging them to see things through other perspectives and share their ideas about solving problems and social conflicts (e.g., facilitate the process off conflict resolution).
- Protect children's right to express emotions. Allow them to be sad or angry and validate those feelings by naming them and talking about them. Encourage them to ask for help when needed.
- Be aware of social interactions among children and create opportunities to support friendships.
- Model asking for and understanding the viewpoints and opinions of others.

Here are a few relevant strategies from the other subdomain within Emotional and Social Development – Developing a Sense of Self.

## Strategies for Early Educators

- Respect individual temperaments and personal uniqueness and be aware of any personal circumstances in a child's life.
- Encourage children to express their feelings through appropriate words and actions.
- Make the classroom environment safe, pleasant, and joyful. Promote the use of humor and singing.
- Make room in the classroom for cozy, safe areas where children can be alone if they wish.

## Strategies for Families

- Help your child identify and understand the emotions she feels.
- Set a good example through the way you address intense feelings such as fear, anger, jealousy, sadness, and excitement and in the way you handle conflict.

- Help children see the natural consequences of their actions in a positive way.
- View all experiences, both positive and negative, as opportunities for further exploration and learning.